

How to Refer to clarvida® for Pennsylvania schools

School-Based Mental Health (SBMH) is a partnership between Clarvida and participating school districts that provides outpatient mental health services directly in the school setting. SBMH supports students experiencing challenges at home or in school by offering therapy sessions during the school day with minimal disruption to their schedule. Clarvida therapists are available throughout the school year and summer, and families are encouraged to participate in treatment planning and reviews.

How does the referral process work?

Option 1: Email Referral

- A designated school staff member/parent/guardian completes the SBMH Referral Form, which is available through the school.
- The form is submitted by email to the appropriate SBMH office, using the email address provided on the SBMH Referral Form.
- Clients can typically expect to hear by phone from the Clarvida team within 1 business day after submitting the form.
- The Clarvida team will call the parent/guardian to collect the required information needed to move forward with intake, including:
 - demographics and contact information
 - insurance
 - custody and consent details
 - communication preferences
- Team review the availability of our clinical staff to identify a provider whose schedule aligns with:
 - the family's preferred days and times
 - the client's clinical needs
- Once everything aligns, we schedule the initial intake appointment, the first step in beginning services. For clients under the age of 14, a parent/guardian must be present at the intake appointment.
- The intake could be at a Clarvida location or at the school, since a parent/guardian needs to be present. Ongoing treatment is provided at the school.
- Only schools receive weekly status trackers related to students receiving SBMH services

Option 2: Online Inquiry Form

- Visit our website and complete the [online inquiry form](#).
- Clients can typically expect to hear from the Clarvida team within 1 business day after submitting the online inquiry form.
- The Clarvida team will follow up directly and call with the client to verify all required information needed to proceed with intake.
- Next, we review the availability of our clinical staff to identify a provider whose schedule aligns with:
 - the family's preferred days and times
 - the client's clinical needs
- If everything aligns, we schedule the initial intake appointment, which is the first step in starting services.
- A parent or legal guardian is required to be present for the initial appointment for clients under the age of 14.
- If ongoing collaboration of care is required across providers, the Clarvida team will reach out with the appropriate consent forms directly to the provider.



Who can submit a referral?

- A client's parent/guardian
- A student age 14 or older
- A guidance counselor
- Other school staff, as deemed appropriate by the school district

Why partner with Clarvida?

We deliver accessible, in-school mental health support through licensed therapists who partner with families and school staff to help students thrive academically and emotionally.

How to submit a referral?

To request services

- ✉ **Please fill out the SBMH Referral Form and send it by email using the contact details listed on the form.**

To request services, please scan the QR code below to complete our online inquiry form

- 🌐 **[Click Here to Request Services](#)**